



ST. LOUIS ULTRARUNNERS GROUP  
2012 Berryman 50 mile & Marathon Trail Runs  
SATURDAY May 19, 2012

**Start Time:** 6:30 a.m. for the 50 mile, 8:00 a.m. for the marathon. Time limit: 13 ½ hours for the 50 mile, 12 hours for the marathon.

**Location:** Runs start from the Berryman Campground, which is located on Highway 8, approximately halfway between Steelville and Potosi, Missouri.

**Course:** Two loops for the 50 mile, 1 for the Marathon, plus a short out and back.

**Registration:** The fee is \$75 for the 50 Mile and \$65 for the Marathon by April 1st. After April 1st entry fees are \$85 and \$75 respectively. Entries will be limited to 150 runners. **NO RACE DAY ENTRIES.** Packets can be picked up at Berryman camp on the evening of May 18<sup>th</sup>, and in the morning before the race. **You must be age 18 to participate.** There is a \$10 discount for SLUG members. **NO REFUNDS** No Transfers of entries to another person. Registration is on line at [www.active.com](http://www.active.com) Race filled by January 10, last year.

**Awards:** Belt Buckles for the 50 mile finishers. Finisher medals for the Marathon finishers, Over-all and age group awards.

**Lodging:** in **Cuba:** Super 8 (573)885-2087, Best Western (573) 885-7707. In **Potosi:** Super 8 (573) 438-8888. Camping: Huzzah Valley Resort, 1-800-367-4516 10 miles east of Steelville.  
Berryman Trail: Berryman campground and Brazil Creek campground (primitive, no water)

**Aid Stations:** Aid Stations will be approximately every 4 to 5 miles. Runners will be provided with an adequate supply of water, sports drink, pretzels, bananas, potato chips and cookies.

**Location:** The Berryman trail is located in the **Mark Twain Nation Forest.** The races start from the Berryman Camp Shelter, which is located off Highway 8, on Berryman Road, approximately halfway between Steelville and Potosi Missouri. From St. Louis, take Highway 44 **west** to the Cuba exit. Take Highway 19 **south** from Cuba to Steelville, and then take Highway 8 **East** to **Washington County's** Berryman Road. The campground is about 1 mile **north** of Highway 8. Look for the **Forest Service Sign** about 2 miles east of the tiny town of **Berryman.** Head **north** on **Washington County's Berryman road,** and it will become gravel. The campground will be on the left. Note: The Crawford County Berryman road is all gravel and before the town of Berryman.

Another way from St. Louis is to take Highway 21 to Potosi. Then take Highway 8 **West** from Potosi to the Forest Service Sign, then **north** on Washington County's **Berryman Road,** to the campground.

If you are coming from Columbia or Kansas City, Take Highway 70 east to exit 175. Take Highway 19 **south** to Steelville. Take Highway 8 **east** to the Washington County's Berryman Campground.

**Information:** Contact David or Victoria at home, 573-763-5035, or by email at: [slugrd@yahoo.com](mailto:slugrd@yahoo.com) Or visit the website: [www.stlouisultrarunnersgroup.net](http://www.stlouisultrarunnersgroup.net)

**On-line Registration:** [www.active.com](http://www.active.com)

Your participation in this race makes you eligible for the Eastern Missouri Ultra Series  
Details at [www.stlouisultrarunnersgroup.net](http://www.stlouisultrarunnersgroup.net) **Berryman 2012 Race Application:**

Race Records:

**50 Mile**

Men's Open (2007) Eric Grossmann VA (38) 6:33:27  
Master (2007) Tom Whalen, MO (41) 6:46:53  
Senior (2011) Stuart Johnson (51) 8:52:39  
Grand Master (2008) Tony Kramer (61) 10:43:13

**Women**

Open (2005) Kim Morton AR (32) 7:38:36  
Master (2005) Tracy Thomas IL (43) 9:17:45  
Senior (2007) Robin Kokjohn IA (51) 11:03:52  
Grand Master (2005) Terri Hayes SC (62) 15:15:23

**Marathon**

Men's Open (2011) Justin Gillette, (28) 3:05:18  
Master: (2000) Ed Heidbrier, MO (46) 3:26:19  
Senior (2007) Don Frichtl (51) 3:49:39  
Grand Master (2007) Tony Kramer, MO (60) 4:33:20  
Golden Master (2011) Tom Reich, (70) 6:25:24

Women's Open (2007) Marla Luckey, IL (26) 3:57:00  
Master (2011) Anna Assenmacher, (41) 4:04:30  
Senior (2009) Robin Kokjohn (53) 4:54:11  
Grand Master (2010) Janet Bodle, CA (61) 5:19:28