

4th Annual "Race to the Rocker"

4 Mile Race in Cuba, Missouri

Saturday, March 31st, 2012 at 9:00 a.m.

This is a competitive, timed and very unique 4-mile, point-to-point run from historic downtown Cuba, Missouri to the World's Largest Rocker at the Fanning US 66 Outpost in Fanning, Missouri. The race will begin in Cuba, the "Route 66 Mural City," where you can view 12 beautiful and historic, outdoor murals. The finish will be 4 miles west of Cuba at "The Rocker." **The race begins at the Britton Funeral Home in Cuba. Registration starts at 8:00 a.m.** All other race information including Friday night sponsor expo/packet pickup, Spaghetti Dinner on Friday night, bus transportation, parking, and much more **information will be sent via e-mail to early registrants. Please include your e-mail when you register** to get this important information. Race information can also be obtained on our website, www.jog-inc.com. The 2011 race had approx. 750 registrants! We have the expectation of an even larger event in 2012 and will again be utilizing professional, automatic CHIP TIMING. Our goal for 2012 is 1,000 registrants!



Registration Fees

Proceeds of the race will go toward community/school improvement projects which will be determined closer to the event. No refunds will be given.

Fee: \$20 if pre-registered by March 16th or \$25 after March 16th.

DRAWINGS FOR EARLY REGISTRANTS! For those who register BEFORE Feb. 1st, 8 people will be drawn to win a long-sleeve technical, "wicking fabric," Race to the Rocker shirt. For those who register BEFORE March 9th, an additional 5 people will be drawn to win the technical shirt.

Children 10 and under are \$10, but must be accompanied by an adult registration.

After March 16th, registrations for children 10 and under will be \$15. Registration fees include a t-shirt, but **t-shirts cannot be guaranteed for registrations after March 16th.**

Runners and walkers are welcome at this event. No animals or bicycles please.

For online registration, go to www.GetMeRegistered.com (see March Events) or find more info. at www.jog-inc.com.

You may also enter the race with a team! Must be at least 5 racers on a team to qualify for the TRAVELING TEAM TROPHY. There can be unlimited members on a team, but only the top five finishers will earn points. To be entered on a team, indicate the team name on the registration form. Team members will also be eligible for individual awards.

AWARDS—presentations will take place at the rocker shortly after the race!

1st, 2nd, and 3rd place awards will be given to the top 3 overall males and females AND

Male and Female participants in the following age groups:

10 and under 15-19 16-20 21-30 31-40 41-50 51-60 61-70 71 and over

A Traveling Team Trophy will be awarded to the top overall team. Every team will receive a certificate and a team picture if they stay to get one taken after the race. All children 10 and under will receive a participation ribbon.

All registrants will also be eligible for prizes donated by area sponsors.

To register, please complete the following form and sign. Please make checks payable to JOG, Inc. and mail to: JOG, Inc., Attn:

Rachelle Austin, 130 Merri Hill Dr., Cuba, MO 65453 www.jog-inc.com

Registration can also be completed online at www.GetMeRegistered.com (look under March Events)

Name _____

E-mail address (IMPORTANT for receiving race instructions) _____

Mailing Address _____ City _____ State _____ Zip _____

Phone _____ Male _____ Female _____ Age as of March 31, 2012 _____

Please Circle Shirt Size: Adult Sizes: S M L XL XXL Youth Sizes: YS YM YL

Friday Night Expo and Spaghetti Dinner is being planned (\$7 for the dinner per person) If you plan to purchase a spaghetti meal, please help us plan by telling us how many people will attend. (do not pay now) _____

If you are entering on a team, indicate your team name here: _____

Walk/Run Release: By signing this form, I for myself, my heirs assigns, executors and administrators, waive and release any and all rights and claims for damages, actions and causes of action against any sponsors (including Big River Running Company) or their representatives, successors and assigns any and all other sponsors, for any and all injuries suffered by me while participating in and traveling to and from events/group runs. I fully understand that this association involves strenuous physical activity and I acknowledge that I am physically fit and sufficiently trained to participate.

Signature _____

Date _____

By MSHSAA guidelines, High School/Middle School track athletes are not allowed to participate in this race or they will become ineligible for school meets.