



healing grief one step at a time

5K Run & 1 Mile Family Fun Walk

Saturday, March 31st, 2012

Queeny Park
550 Weidman Road
St. Louis, MO 63131

Presented by Annie's Angels with the support of Big River Running Co.

Proceeds benefit **Annie's Hope – The Bereavement Center for Kids** whose mission is to provide comprehensive support services to children, teens and their families who are grieving the death of someone significant.

ENTRY FEE:

Individual:

\$25 by WEDNESDAY March 28th

\$30 on-site on Race Day

Family Group:

\$60 (up to 4 people, min. 2 kids, \$10 each add'l child after 4 people)

\$65 on-site on Race Day

REGISTRATION:

On-Line: events.bigriverrunning.com

By Mail/In Person: Annie's Hope

1333 W. Lockwood Ste 104

Glendale, MO 63122

By Fax: 314-918-1438

No rollerblades, bicycles or pets please.

Strollers welcome.

COURSE:

5K starts at 8 AM.

1 Mile Family Fun Walk starts at 8:15 AM. Meet in the upper parking lot on the west side of the park.

AWARDS:

5K Race: overall female & male finishers. Top female & male finisher by age group.

PACKET PICK-UP:

Thursday & Friday, March 29th, 2-7 PM & March 30th, 9 AM - 5 PM at Annie's Hope.

1333 W. Lockwood, Ste 104

Glendale, MO 63122.

Race day pick-up beginning at 7 AM.

T-Shirts are provided to all pre-registered participants.

T-Shirts available for race day registrants as supplies last.

CAN'T JOIN US?

Make a donation & become a "Friend of Hope!" With a gift of \$25, you will receive a commemorative T-shirt.

Go to www.annieshope.org/donate.html and enter the code "ar4H" in the optional comments box.

FUNDRAISE FOR HOPE!

Gather sponsors for you or your team. Ask sponsors to go to www.annieshope.org/donate.html and enter the runner's name in the optional comments box or use the sponsorship form provided.

A SPECIAL TRIBUTE!

Buy a memorial balloon for release at the race start. \$2 each. Go to www.annieshope.org/donate.html and enter the code "balloon" in the optional comments box.

FOR MORE INFORMATION, visit annieshope.org, call 314-965-5015, or email annieshopekids@aol.com.

TO REGISTER visit events.bigriverrunning.com.