



5K & 1/2 Mile Run/Walk

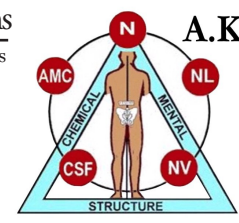


All proceeds and donations go directly to SunRise MOPS

Date: Saturday, April 21, 2012
Start Time: 5K Run/Walk starts at 9:00am.
 1/2 Mile Kid Run starts at 10:00am.
Race Timing: 5k timed by Big River Running Company-
 Kid run not timed
Start Location: SunRise United Methodist Church
 7116 Twin Chimneys Blvd.
 O'Fallon, MO 63368
Registration Fees: 5K Run/Walk received by 4/4/12 is \$20
 1/2 Mile Kid Run received by 4/4/12 is \$10
 if received AFTER 4/4/12 (\$25 and \$15)
 You may register online at ACTIVE.COM or
<http://events.bigriverrunning.com/sunrisestampede>
 or mail a check to: SunRise United Methodist Church Attn/MOPS
Awards: Awards to top 3 M/F finishers in 5K race
 All 1/2 Mile Kids Fun Run finishers will receive a ribbon.

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RACE REGISTRATION

Name:			
Street Address:			
City/State/Zip:		Phone:	
<input type="checkbox"/> Male <input type="checkbox"/> Female	Age Race Day	Birth Date:	
T-Shirt Size: (ADULT) <input type="checkbox"/> Small <input type="checkbox"/> Medium <input type="checkbox"/> Large <input type="checkbox"/> Extra Large		(YOUTH) <input type="checkbox"/> Small <input type="checkbox"/> Medium <input type="checkbox"/> Large	
Emergency Contact & Phone#:		Email:	

To be guaranteed a T-shirt, please register no later than April 4th.

Mail or drop off checks & completed forms to
 SunRise United Methodist Church (Attn: MOPS)
 7116 Twin Chimneys Boulevard
 O'Fallon, MO 63368
 (636) 978-2727

Packet Pick Up April 18th and April 19th 6:00pm-8pm at SunRise United Methodist Church or 8am Race Day
 Email sunrisemops1@gmail.com with any questions

Waiver

I know that running a road race is a potentially hazardous activity. I should not enter & run unless I am medically able & properly trained. I assume all risks associated with participating in the SunRise Stampede Walk/Run on April 21st 2012, including, but not limited to, falls, contacts with other participants, the effects of the weather, traffic & conditions of the road, all such risks being known & appreciated by me. I hereby certify that I am in such physical condition & good health. Having read this release & knowing these facts & in consideration of your accepting my entry, I, for myself & anyone entitled to act in my behalf or on behalf of my estate, my heirs, executors, administrators & assigns waive and release the City of O'Fallon MO any employee or volunteer of the City of O'Fallon MO & all sponsors of the race, & other persons assisting with the race, Big River Race Management, promoters, managers, officials, agents, from any & all claims of injury or liabilities of any kind including illness or damages suffered by me, arising out of my participation in or traveling to or from this race event even though the liability carelessness on the part of the persons referred to in this waiver. I authorize the use of photos taken of myself, the participant, to be used for any purpose. may arise out of negligence or I understand that if the race is canceled because of circumstances beyond the control of the race committee and sponsors, including, but not limited to, unsafe weather conditions or governmental ban, my entry fee will not be refunded.

I agree to the above waiver,

Name of Participant	Date	Signature of Parent or Guardian if under age 18 years
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